

The Feel Good Club

info@thefeelgoodclub.co.uk

Safeguarding & Child Protection Policy

The Feel Good Club by Char

Contact: info@thefeelgoodclub.co.uk

Location of Practice: Surrey / Remote

1. Purpose of This Policy

This policy outlines how safeguarding and child protection are managed within this coaching practice.

The aim is to:

- Protect children and young people from harm
- Ensure safe, ethical coaching practice
- Provide clear procedures for responding to concerns

This policy applies to all coaching work with children and adolescents under 18.

2. Safeguarding Commitment

The welfare of the child is paramount.

I am committed to:

- Providing a safe and supportive environment
 - Acting in the best interests of the child at all times
 - Following UK safeguarding guidance and legislation
 - Taking all concerns seriously and acting appropriately
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3. Safeguarding Responsibility

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As an independent coach, I am responsible for safeguarding within my practice.

This includes:

- Recognising signs of abuse or neglect
 - Responding appropriately to concerns or disclosures
 - Recording and reporting concerns
 - Seeking advice or making referrals where necessary
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4. Types of Abuse

I am aware of the main categories of abuse, including:

- Physical abuse
- Emotional abuse
- Sexual abuse
- Neglect

I remain alert to signs, behaviours, and disclosures that may indicate a child is at risk.

5. Recognising Signs of Concern

Concerns may arise from:

- Changes in behaviour or mood
- Withdrawal or distress
- Injuries or physical signs
- Verbal disclosures
- Information shared by parents or other professionals

All concerns are taken seriously, regardless of how they arise.

6. Responding to Concerns

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If I have concerns about a child's safety or wellbeing, I will:

- Record the concern promptly and accurately
 - Seek advice from appropriate safeguarding services where needed
 - Share concerns with relevant authorities if required
 - Inform parents/guardians where appropriate (unless this increases risk)
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7. Responding to Disclosures

If a child discloses abuse or harm:

- I will listen calmly and without judgement
 - I will not promise confidentiality
 - I will reassure the child they have done the right thing
 - I will record what has been said as accurately as possible
 - I will take appropriate safeguarding action
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8. Recording & Record Keeping

All safeguarding concerns will be:

- Recorded promptly and factually
- Stored securely in line with GDPR
- Reviewed where necessary

Records may include:

- Dates, times, and details of concerns
 - Actions taken
 - Outcomes or referrals made
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9. Reporting & External Agencies

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Where necessary, concerns will be reported to:

- Local Children's Services / Social Care
- Multi-Agency Safeguarding Hub (MASH)
- Local Authority Designated Officer (LADO) (if allegations relate to a professional)
- Emergency services (if immediate risk)

Local Safeguarding Contacts:

MASH: 020 8255 2888

LADO: 020 8726 6000 ext. 24334 / lado@croydon.gov.uk

10. Confidentiality & Information Sharing

Confidentiality is respected; however:

- Safeguarding concerns override confidentiality
- Information may be shared without consent where a child is at risk

Information sharing will follow UK safeguarding and GDPR guidance.

11. Whistleblowing

If concerns arise about unsafe or unethical practice (including my own or others'):

- These will be taken seriously
 - Appropriate steps will be taken to report concerns to relevant authorities
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12. Lone Working

As sessions are often delivered one-to-one:

- Appropriate safeguarding measures are in place
- Professional boundaries are maintained at all times

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- Parents/guardians are aware of session arrangements
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13. Parental Responsibility

Consent for coaching must be provided by an individual with parental responsibility.

Parents/guardians are responsible for:

- Providing accurate and relevant information
 - Informing of any safeguarding or legal issues
 - Supporting the child's participation where appropriate
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14. Multi-Agency Working

Where appropriate, I may:

- Work alongside other professionals
 - Share relevant information (with consent or where required)
 - Support coordinated care for the child
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15. Related Policies

This policy should be read alongside:

- Terms & Conditions
 - Complaints Policy
 - Data Protection (GDPR) Policy
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16. Policy Review

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This policy will be reviewed regularly to ensure it remains up to date with safeguarding guidance and best practice.

Declaration

I am committed to safeguarding children and young people and will act in accordance with this policy at all times.

Signed: CHARLETTE HINDS

Name: Char Hinds

Date: 30/04/2026